CLAIMS

1) A cooking vessel grip comprising an elongated, one-piece body (2) made of plastic material and having, at a first end (2a), means (3) for connection to a cooking vessel; the grip being characterized in that said body (2) comprises, internally, a longitudinal cavity (5) extending at least along a portion gripped in use.

2) A grip as claimed in Claim 1, characterized in that said longitudinal cavity (5) extends substantially along the whole length of said body (2).

3) A grip as claimed in Claim 1, characterized in that said longitudinal cavity (5) is open at a second end (2b) of said body (2) opposite said first end (2a).

4) A grip as claimed in Claim 3, characterized in that said longitudinal cavity (5) extends along an axis (A); and in that an inlet section of said longitudinal cavity (5), located at said second end (2b), is oblique with respect to said axis (A).

5) A grip as claimed in Claim 1, characterized in that said longitudinal cavity (5) tapers towards said first end (2a).

6) A grip as claimed in Claim 1, characterized in that said longitudinal cavity (5) is curved.

7) A grip as claimed in Claim 6, characterized in that said body (2) has a longitudinally curved profile.

8) A grip as claimed in Claim 1, characterized in that said body (2) has a through hole (70) formed at said

first end (2a) and communicating with said longitudinal cavity (5).

9) A grip as claimed in Claim 1, characterized in that said plastic material is a thermosetting polymer material, in particular a phenol-formaldehyde molding resin.

10) A grip as claimed in Claim 1, characterized in that said body (2) is a hollow tubular body, and said longitudinal cavity (5) is defined by a substantially continuous inner lateral surface (6) of said body (2).

11) A grip as claimed in Claim 1, characterized in that said body (2) extends along a curved axis (A), and comprises a connecting portion (3) for connection to a cooking vessel, and a grip portion (4) adjacent to the connecting portion along said axis (A) and which is gripped in use; said longitudinal cavity (5) being formed entirely inside said grip portion (4).

12) A grip as claimed in Claim 1, characterized in that said longitudinal cavity (5) is a dead cavity, is closed at said first end (2a) of the body (2), and is open at a second end (2b) of the body (2) opposite the first end (2a).

13) A method of manufacturing a cooking vessel grip (1) of the type having an elongated, one-piece body (2), the method comprising a step of molding a plastic material in a mold (10) having, internally, a molding seat (11) of the same shape as the grip (1); and the method being characterized by providing, inside said mold

(10), a movable member (15) defining a longitudinal cavity (5) inside said body (2); and in that, following said molding step, said movable member (15) is extracted from one end of said body (2) to free said longitudinal cavity (5).

14) A method as claimed in Claim 13, characterized in that said movable member (15) is a curved, elongated insert.

15) A method as claimed in Claim 13, characterized in that said movable member (15) tapers towards a free end (15a).

16) A method as claimed in Claim 13, characterized in that said movable member (15) is extracted along a curved trajectory (A).

17) A method as claimed in Claim 16, characterized in that said curved trajectory (A) lies in a central plane of the grip (1).